Trip

COVERAGE
Trip allows you to find and use high-quality research evidence to support clinical practice. UU Library provides access to the basic version. You need to pay to set up a Pro account for Advanced search or view Recent additions. Trip may provide access to the full-text of a document on its external website. It includes clinical guidelines and systematic reviews of the literature from the Cochrane Library, National Institute for Health and Care Excellence and professional organizations e.g. Canadian Medical Association. It also includes images, videos and patient information leaflets.

ACCESS
- Log on to the Portal at http://portal.ulster.ac.uk
- Wait for the Athens Authentication banner to drop down
- Select the Library & ICT tab.
- Select the Databases link, displayed under Key Services, on the right hand side of the screen. The A-Z listing of Library Databases is displayed on the screen.
- Click on Trip and scroll down to select Trip.

SEARCHING
In the search box enter your keywords e.g. obesity prevention; venous cannulation. The European English spelling of a medical term e.g. haemorrhage should also pick up the American English word e.g. hemorrhage. Use the asterisk * to get variant endings and plurals e.g. hypertens* will retrieve documents with hypertension or hypertensive. Use “quotation marks” to search for a phrase e.g. “glucose monitor*”. Use AND between words or phrases to find both in the same document e.g. schizophren* AND anxiet*. Use OR between words or phrases to find either in the same document e.g. “health promotion” OR “health education” Use (brackets) to control the sequence of combinations. Combinations inside the brackets are made first then combined with search terms outside e.g. (“insulin resist*” OR diabet*) AND hypertens*

Click on the icon for Search.
VIEWING RESULTS
Your results will be displayed as a list of references, with the total number of results found. Scroll down through the documents found to assess relevance. The higher up the triangle the better on the hierarchy of evidence based research.

117 results for “hypertens" AND "green tea””, by quality

- Effect of green tea consumption on obesity and hypertension: a systematic review
  PROSPERO 2013
- The Effect of Three Weeks Green Tea Extract Consumption on Blood Pressure, Heart Rate Responses to a Single Bout Resistance Exercise in Hypertensive Women.
  High blood pressure & cardiovascular prevention : the official journal of the Italian Society of Hypertension 2014
- Effect of Green Tea in Obese Pre-hypertensive Women
  Clinical Trials 2013

If there are a large number then click on the links on the right to limit results to specific publication types e.g.:
  - Systematic Reviews.
  - Guidelines
  - Controlled Trials

Some publication types are only available to Pro users.

Click on the title of a document to get more detail.

13. Effects of restricted caffeine intake by mother on fetal, neonatal and pregnancy outcome
  Cochrane Database of Systematic Reviews 2012
If available link out from Trip to the publication’s source website or database.

Cochrane Database of Systematic Reviews

Effects of restricted caffeine intake by mother on fetal, neonatal and pregnancy outcomes

Shayesteh Jahanfar, Sharifah Halimah Jaafar

First published: 9 June 2015

Editorial Group: Cochrane Pregnancy and Childbirth Group

DOI: 10.1002/14651858.CD006965.pub4

Open and save the full text of a journal article or other document which is available. When possible use the Adobe PDF format.

If possible, click on a link to How to Cite and / or copy and paste the Citation information for that document which you will require if you use it as a reference.

Jahanfar S, Jaafar SH.
Effects of restricted caffeine intake by mother on fetal, neonatal and pregnancy outcomes.
DOI: 10.1002/14651858.CD006965.pub4.

HELP
If you are having difficulty accessing full text off-campus take a look at the off campus guide http://guides.library.ulster.ac.uk/offcampus

Contact Details
For help with all aspects of literature searching, contact a member of the Life and Health Sciences subject team who will be happy to help.

<table>
<thead>
<tr>
<th>Joan Atkinson</th>
<th>Sub-Librarian</th>
<th>02870124287</th>
<th><a href="mailto:jce.atkinson@ulster.ac.uk">jce.atkinson@ulster.ac.uk</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Rose Holman</td>
<td>Jordanstown Library</td>
<td>02890368003</td>
<td><a href="mailto:mr.holman@ulster.ac.uk">mr.holman@ulster.ac.uk</a></td>
</tr>
<tr>
<td>Frank O’Deorain</td>
<td>Magee Library</td>
<td>02871675065</td>
<td><a href="mailto:f.odeorain@ulster.ac.uk">f.odeorain@ulster.ac.uk</a></td>
</tr>
<tr>
<td>Sarah Smyth</td>
<td>Coleraine Library</td>
<td>02870124257</td>
<td><a href="mailto:s.smyth2@ulster.ac.uk">s.smyth2@ulster.ac.uk</a></td>
</tr>
<tr>
<td>Jane Starks</td>
<td>Coleraine Library</td>
<td>02870124158</td>
<td><a href="mailto:jm.starrs@ulster.ac.uk">jm.starrs@ulster.ac.uk</a></td>
</tr>
</tbody>
</table>

Last updated: September 2016.