

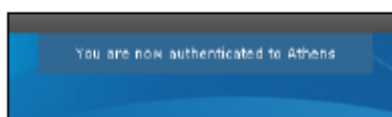
ScienceDirect

COVERAGE

Indexes about 3800 journals and chapters from 35,000 books published by Elsevier and specialist societies e.g. the British Trauma Society who publish the journal *Injury*. Ulster University staff and students may access the full-text of some of the journals and a few of the books. It is relevant for all faculties including Arts, Life and Health Sciences and Social Sciences.

ACCESS

- Log on to the Portal at <http://portal.ulster.ac.uk>
- Wait for the Athens Authentication banner to drop down



- Select the **Library & ICT** tab.
- Select the Databases link, displayed under Key Services, on the right hand side of the screen. The A-Z listing of Library Databases is displayed on the screen.
- Click on **S** and scroll down to select **ScienceDirect**.

SEARCHING

Enter your search terms in the box provided.

A link to **Advanced search** is under the search box. This allows you to combine terms more accurately and to apply limits such as year, journals only.

Explore scientific, technical, and medical research on
ScienceDirect

Search for peer-reviewed journals, articles, book chapters and [open access content](#).

Keywords Author name Journal/book title Volume Issue Page 

[Advanced search](#)

A keyword should find the singular and plural of a word. It should also find both the European and American English spelling e.g. pediatric or paediatric. Use the asterisk * to get variant endings e.g. **hypertens*** will retrieve documents with hypertension or hypertensive.

Use “quotation marks” to search for a phrase e.g. **“glucose monitoring”**

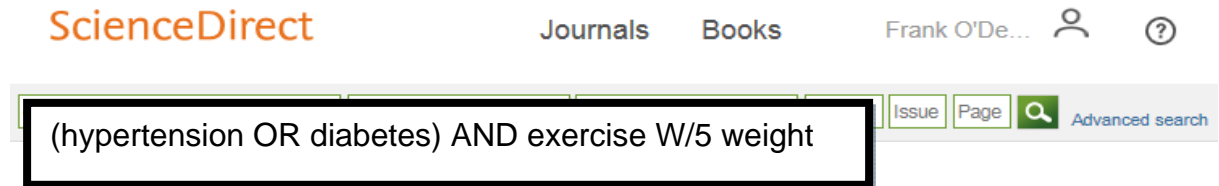
Use the proximity operator by typing in the letter **W** followed by a forward slash / then the number of words the search terms can be separated by e.g. **schizophrenia W/15 anxiety** will find documents where they are within 15 words of each other.

Use Boolean logic combination terms:

AND between words or phrases to find all in the same document e.g.
schizophren* AND anxiet*

AND NOT to find the first keyword or phrase but exclude the second
 e.g. **“Type 1 diabet*” AND NOT glucose**
OR between words or phrases to find either in the same document e.g.
“health promotion” OR “health education”

Use (brackets) to control the sequence of combinations. Combinations inside the brackets are made first then combined with search terms outside e.g.
(hypertension OR diabetes) AND exercise W/5 weight



Click on the **Search** icon.

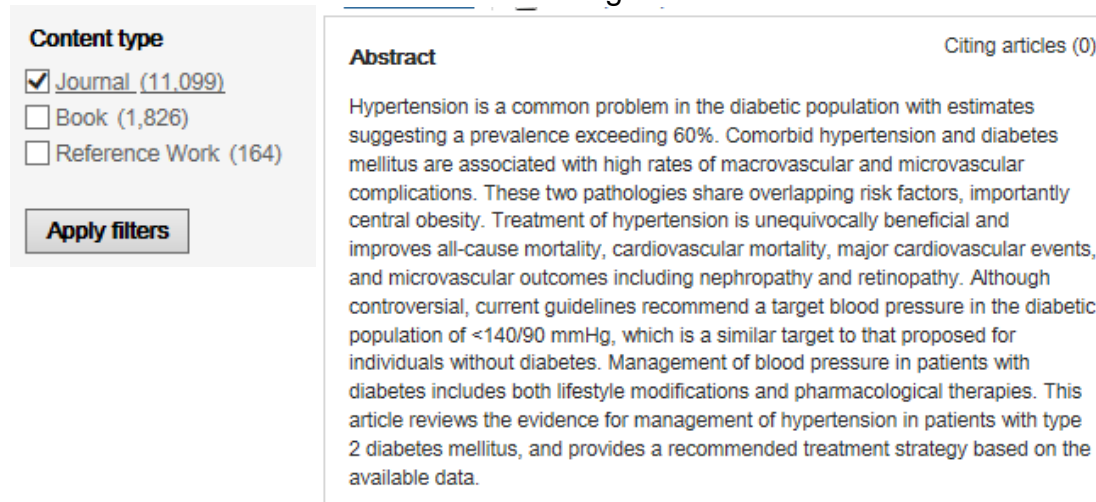
VIEWING RESULTS

Your results will be displayed as a list of references, with the total number of results found. Scroll down through items found.

To limit to a range of years year click in the box next to the year/s.
 Apply filters to limit to particular content type e.g. journal. Much book content requires purchase to access.



Click on: **Abstract** to get more details of the article.



Click on **PDF**, if available, to open the full text of the document then save or print.

Best Practice & Research Clinical Endocrinology & Metabolism 30 (2016) 445–454

Contents lists available at ScienceDirect

Best Practice & Research Clinical Endocrinology & Metabolism

ELSEVIER journal homepage: www.elsevier.com/locate/beem

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Managing hypertension in type 2 diabetes mellitus

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ARTICLE INFO

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Keywords:
 diabetes mellitus
 hypertension
 pharmacology

Hypertension is a common problem in the diabetic population with estimates suggesting a prevalence exceeding 60%. Comorbid hypertension and diabetes mellitus are associated with high rates of macrovascular and microvascular complications. These two pathologies share overlapping risk factors, importantly central obesity. Treatment of hypertension is unequivocally beneficial and improves all-cause mortality, cardiovascular mortality, major cardiovascular events, and microvascular outcomes including nephropathy and retinopathy. Although controversial, current guidelines recommend a target blood pressure in the diabetic

Advanced search.

Click tab for **Journals**.

Type search phrases or terms into separate boxes.

Refine search to only journals where full text should be available –

Subscribed; Open access.

Type in year to start search from e.g. 2013.

All **Journals** Books Reference Works Images **Advanced search** | Expert search

? Search tips

Search for

"patient centered care" OR "patient centred care" in All Fields

AND

nurs* in All Fields

Refine your search

All
 My Favorites
 Subscribed journals
 Open Access articles

- All Sciences -
 Agricultural and Biological Sciences
 Arts and Humanities
 Biochemistry, Genetics and Molecular Biology

Hold down the Ctrl key (or Apple Key) to select multiple entries.

Article Short Communication Book Review Publisher's Note
 Review Article Correspondence, Letter Product Review Erratum
 Short Survey Discussion Editorial

All Years 2013 to: Present Articles in Press

Click on: **Search**

HELP

If you are having difficulty accessing full text off-campus take a look at the off campus guide <http://guides.library.ulster.ac.uk/offcampus>

For help with all aspects of literature searching, contact a member of the Library Life and Health Sciences subject team who will be happy to help.

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